

Recreation Calendar

January 2019

Upper Terrace

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 1:15 Movie Afternoon	2 1:15 Movie Afternoon 2:00 United Church / Lodge	3 <u>Pajama Day!</u> <u>Wear your Jammies to Work</u> 1:15 Movie Afternoon	4 1:15 Movie Afternoon	5
6	7 10:15 Piano with Lori 2:00 Music Therapy (South) 3:15 Movie Afternoon	8 11:00 Music Therapy (North) 1:15 Movie Afternoon 2:00 Visits with Tobey 2:30 Anglican Church/Lodge	9 9:45 Coffee & Chat 10:00 Trivia "Animals" 1:15 Movie Afternoon 2:00 Music with Gail/west 3:00 One to One Visits	10 10:00 Coffee & Chat 10:30 Morning Program "Birds" 2:15 John Cronin (entertainment) 3:15 Movie Afternoon	11 10:00 Coffee & Chat 10:15 Fitness 2:15 Singalong with Judith 3:00 Movie Afternoon 3:00 Undecorating	12
13	14 10:00 Coffee & Chat 10:15 Piano with Lori 2:30 Presentation with Gail "New Year Around the World" 3:30 Movie Afternoon	15 10:00 Coffee & Chat 10:15 Fitness 11:00 Music Therapy (North) 1:15 Movie Afternoon 2:00 Visits with Tobey <u>Funny Hat Day!</u> <u>Wear your Funny hat to Work</u>	16 9:45 Coffee & Chat 10:00 Trivia "Finish this Sentence" 1:15 Movie Afternoon 2:00 Music with Gail/west 3:00 One to One Visits	17 10:00 Coffee & Chat 10:30 Morning Program "Vegetables" 2:15 Lorraine Smith (entertainment) 3:15 Movie Afternoon 3:30 Hand Massage/linda	18 10:00 Coffee & Chat 10:15 Fitness 2:15 Singalong with Judith 3:15 Movie Afternoon	19 2:00 North Shore Junior Celtic Ensemble at the Lodge
20	21 10:00 Coffee & Chat 10:15 Piano with Lori 2:00 Music Therapy (South) 3:30 Movie Afternoon	22 10:00 Coffee & Chat 10:15 Fitness 11:00 Music Therapy (North) 1:15 Movie Afternoon 2:00 Visits with Tobey 2:30 Small Group Program	23 9:45 Coffee & Chat 10:00 Trivia "Professions" 1:15 Movie Afternoon 2:30 Small Group Program	24 10:00 Coffee & Chat 10:30 Morning Program "Fruit" 1:15 Movie Afternoon 2:30 Small Group Program 3:30 Hand Massage/linda	25 10:00 Coffee & Chat 10:15 Fitness 2:15 Singalong with Judith 3:15 Movie Afternoon	26
27	28 10:00 Coffee & Chat 10:15 Piano with Lori 2:00 Music Therapy (South) 3:30 Movie Afternoon	29 10:15 Fitness 11:00 Music Therapy (North) 1:15 Movie Afternoon 2:00 Visits with Tobey 2:30 Slava & Dancers at Lower Terrace	30 9:45 Coffee & Chat 10:00 Trivia "Sounds" 1:15 Movie Afternoon 2:30 Small Group Program	31 10:00 Coffee & Chat 10:30 Comedy Hour "Dean Martin" 1:15 Movie Afternoon 2:30 Small Group Program 3:30 Hand Massage/linda		