

RECREATION CALENDAR

Lower Terrace

September

2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9:30 News & Views (L) 10am Arts & Crafts (L) 11am Piano Recital (L) 1:15 shuffleboard (L) 3pm Violin Performance (L)	2 LABOUR DAY 10am Fun & Fitness (L) 11am Piano with Lori (L) 1:15 Tuck Shop Open (L) 2pm Afternoon Movie (L)	3  2pm Music with Gail (LT)	4 10am Fun & Fitness! (LT) 10:45 What's in the News? 11am Active Games (LT) 11am Sing-A-Long (L) 1:15 Manicures (LT) 2pm United Church (L) 2:15 Giant Crossword (L)	5 10am Brain Fitness (LT) 11am One to One Activities 1:45 Tuck Shop Open (L) 2pm Symphony Afternoon (LT) 2:15 John Cronin (UT) 3:30 Scrabble (LT)	6 10am Gentle Fitness (LT) 11am Balloon Fun! (LT) 2pm Bingo! (LT) 2pm Global Karaoke (L) 3pm Tea Social (LT)	7 9:45 Bread Making (LT) 10:15 Creative Expressions (LT) 2:15 Active Games (LT) 3:30 Tea & Chat (LT)
8 No Recreation Staff  11am Piano Recital (L) 3pm Violin Performance (L)	9 10:15 Fun & Fitness (L) 11am Piano with Lori (Lodge) 1:15 Tuck Shop Open (L) 2pm Afternoon Movie (L)	10 10am Manicures (LT) 10:30 Catholic Visits (LT) 11am Active Games (LT) 2:15 Music with Gail (LT) 3pm Dominoes (LT)	11 10am Fun & Fitness! (LT) 10:45 Fact or Fiction (LT) 11am Active Games (LT) 11am Sing-A-Long (L) 2pm Baking with Isabel (LT) 3:15 Tea Social (LT)	12 10am Brain Fitness (LT) 11am One to One Activities 1:45 Tuck Shop Open (L) 2pm Lifestories (LT) 3:30 Scrabble (LT)	13 10am Gentle Fitness (LT) 11am Balloon Fun! (LT) 11am Music Program (L) 2pm Birthday Tea with Reg Dickson (LT)	14 9:45 Bread Making (LT) 10:45 Christine & Murray Performing in the Lodge 2:15 Active Games (LT) 3:30 Tea & Chat (LT)
15 9:30 News & Views (L) 10am Arts & Crafts (L) 11am Piano Recital (L) 1:15 shuffleboard (L) 3pm Violin Performance (L)	16 10:15 Fun & Fitness (L) 11am Piano with Lori (Lodge) 1:15 Tuck Shop Open (L) 2pm Afternoon Movie (L)	17 10am Manicures (LT) 10:30 Catholic Visits (LT) 11am Active Games (LT) 2:30 Musical Slideshow with Gail (LT) 3:30 Dominoes (LT)	18 10am Fun & Fitness! (LT) 10:45 Trivia (LT) 11am Active Games (LT) 11am Sing-A-Long (L) 2pm Baking with Isabel 3:15 Tea Social (LT) 3:30 Evangelical Church (L)	19 10am Brain Fitness (LT) 11am One to One Activities 1:45 Tuck Shop Open (L) 2pm Lifestories (LT) 2:15 Blue Lasso (UT) 3:30 Scrabble (LT)	20 10am Gentle Fitness (LT) 11am Balloon Fun! (LT) 2pm Global Bingo! (L) 2pm Helping Hands: Seasonal Decorating 3:30pm Tea Social (L)	21 9:45 Bread Making (LT) 10:15 Creative Expressions (LT) 2:15 Active Games (LT) 3:30 Tea & Chat (LT)
22 10am Arts & Crafts (L) 11am Piano Recital (L) 1:15 shuffleboard (L) 3pm Violin Performance (L)	23 10:15 Fun & Fitness (L) 11am Piano with Lori (L) 1:15 Tuck Shop Open (L) 2pm Afternoon Movie (L)	24 10am Manicures (LT) 10:30 Catholic Visits (LT) 11am Active Games (LT) 2pm Room Visits (LT) 2pm Music with Gail (LT) 3pm Dominoes (LT)	25 10am Fun & Fitness! (LT) 10:45 What's in the News? 11am Active Games (LT) 2:15pm Giant Crossword (LT) 3:30 Gentle Stretches (LT)	26 10am Brain Fitness (LT) 11am One to One Activities 1:45 Tuck Shop Open (L) 2:15 Roberto Risman Performing (LT) 3:30 Scrabble (LT)	27 10am Gentle Fitness (LT) 11am Balloon Fun! (LT) 2pm Pie Social: Apple & Pumpkin Pie (LT)	28 9:45 Bread Making (LT) 10:15 Creative Expressions (LT) 2:15 Active Games (LT) 3:30 Tea & Chat (LT)
29 11am Piano Performance (L) 3pm Violin Performance (L)	30 10:15 Fun & Fitness (L) 11am Piano with Lori (L) 1:15 Tuck Shop Open (L) 2pm Afternoon Movie (L)	LEGEND: L = Lodge LT=Lower Terrace UT=Upper Terrace Music Programs	  			